

STUDY #2 - TRUTH

Reflecting the Heart of Christ

BE TRANSFORMED

JOHN R. MURPHY

Theme Verse

Romans 8:29 AMP

“For those whom He foreknew [of whom He was aware and loved beforehand], He also destined from the beginning [foreordaining them] to be molded into the image of His Son [and share inwardly His likeness],...”

Study Verses:

John 14:30 AMP

“I will not talk with you much more, for the prince (evil genius, ruler) of the world is coming. And he has no claim on Me. [He has nothing in common with Me; there is nothing in Me that belongs to him, and he has no power over Me.]”

John 8:44 AMP

He (Satan) was a murderer from the beginning and does not stand in the truth, because there is no truth in him. When he speaks a falsehood, he speaks what is natural to him, for he is a liar [himself] and the father of lies and of all that is false.”

Key Concepts

Every lie we believe gives Satan an opportunity to torment us. Think of it as access to our heart to rob us of our peace. God’s powerful Truth (Jesus) opposes every falsehood and removes that access. Lies that oppose God’s Truth regarding our sense of worth can be very damaging to our emotional well-being. Our worth is established by how much God loves and values us.

Stupid, unlovable and worthless were the lies I believed about myself as an eight year old. Growing up in a life without God cut me off from the Truth that could have opposed the lies lodged in my heart. Later as a Christian, God worked to transform my heart by changing what I believed. The greatest change in my life was to be able to take God at His word when He says He loves me and to understand that His love establishes my worth. Before believing the Truth, I suffered the consequences, trials and

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frustrations common to kids and adults seeking self-worth through the lies of the world. When you try to negotiate life with this particular heart wound, your life is destined to become a self-fulfilling prophecy of failure. The failure comes from pursuing the empty promises of the world to build up our sense of worthiness.

The world propositions us with many lies about how we can have more confidence and feel valued. We are constantly being tempted to believe that our value is based on things like: having more money, being more athletic, or having a certain body type. At one point I believed that those things could overcome the low regard everyone including myself seemed to have for me. Three of the main broken promises I fell for were: body type, accomplishment and money. Any person or organization that could help me get those things became idols that could control me. To me, possessing all three assured me of being approved by others. I wrongly thought this would leave me feeling loved and valued.

Ultimately God showed me that my need for unconditional love could not be satisfied by any person. God has built into us a divine need for unconditional love, and He is the only one who can provide it. Anything that must be unconditional and without fail cannot come from a human. I also began to see how His love is a statement of value. An important principle to understand is that we are loved by those who value us. So as my belief in how much God loves me began to grow, I also began to feel more self-worth.

I didn't know until God began to transform me that pursuing His Truth would change my self-image on a deep heart level. Nor did I realize it would be necessary to conform my beliefs to His truth and replace the lies I believed about myself with His Truth to eliminate the tormenting lies that robbed me of my peace. The result was more peace and less giving in to the sin I relied on to manage my pain. Sin never ultimately helped but did always fill me with shame and dishonored God.

The things we believe about ourselves directly affect the course and quality of our lives. Believing Satan's lies promotes his murderous agenda. He wants you to live a life of hell on earth, sustained by as many lies as he can get you to accept. Every lie you encounter is from Satan and advances his purposes.

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LIE	TRUTH
<input type="radio"/> I am worthless.	I was chosen by God before the beginning of time. - <i>Galatians 1:13, Ephesians 1:5</i>
<input type="radio"/> I am stupid.	I have the Holy Spirit dwelling in me which knows the mind of God. - <i>Romans 8:27</i> Revering God is the beginning of all wisdom. - <i>Psalms 111:10</i>
<input type="radio"/> I am ugly.	I am made in the image of God. - <i>Genesis 1:27</i>
<input type="radio"/> I am a loser.	All things work for good for me because I love God and I am called according to His purposes. <i>Romans 8:28</i>
<input type="radio"/> I am unlovable.	I am loved perfectly by the Creator of the universe. - <i>John 15:9, Romans 1:20</i>
<input type="radio"/> I am unworthy.	I am so important to Jesus that He would have sacrificed Himself for me if I had been the only one in the entire universe to save. - <i>John 15:13,14</i>
<input type="radio"/> I am evil.	I have been given a new nature which desires good. - <i>Ephesians 4:24</i>
<input type="radio"/> I am undesirable.	I have been chosen to be the brother (or sister) of Christ and rule with Him for eternity. - <i>Romans 8:29, 1 Corinthians 6:3</i>
<input type="radio"/> I'm a hopeless sinner.	I have been made righteous in the sight of God by the death and resurrection of His Son, Jesus Christ and my faith in Him. - <i>1 Peter 3:12, 18</i>
<input type="radio"/> God has no plan for my life.	God has a plan for me which is good, perfect and acceptable in His sight. - <i>Romans 12:2, Jeremiah 29:11</i>
<input type="radio"/> I have no role in the Kingdom.	I am a minister of reconciliation and forgiveness and an ambassador of Christ. - <i>2 Corinthians 5:17-21</i>
<input type="radio"/> I am powerless.	I have strength for all things in Christ Who empowers me [I am ready for anything and equal to anything through Him Who infuses inner strength into me; I am self-sufficient in Christ's sufficiency]. - <i>Philippians 4:13</i>

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When you are finished selecting the lies you want to reject, pray the prayer below. Insert the lies you selected and state the opposing truth in the blanks as you pray.

Forgiveness Prayer

Heavenly Father, I reject the lie that my worth can be established by anything other than You. I specifically reject the lie that _____. I also accept the truth that You love me and value me perfectly. I declare Your truth that You value me immensely and desire to have me with you in Your kingdom for eternity. I reject all the lies I have believed about my worth from how people have treated me or what they have spoken over me or any other lie that opposes the truth of how much You love and value me. I also forgive them and ask You to forgive them as well for opposing Your truth. Father I ask You to heal these people of the lies they suffer under so that they can be free of their suffering and can prosper.

Father forgive me for believing any lie that opposes Your truth. I desire to live my life under Your truth and I ask for the strength to resist any belief that opposes Your truth. Father I desire to always be sensitive to Your leading to know when I have believed a lie, and I ask for Your help to reject it and live by Your truth to Your glory. Father please remove from me the access Satan has had to torment and control me through lies. I ask all of these things in the name of Your Son Jesus. Amen.